

# Mt. Kurikoma

DRIVE GUIDE



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Official Website



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# Mt. Kurikoma Area Access Information & Map



## Jeunesse Kurikoma Ski Resort

From Yuzawa Station  
by car for approx. 44 minutes  
From Ichinoseki Station  
by car for approx. 1 hour and 40 minutes



## Oyasukyo Gorge

From Yuzawa Station  
by car for approx. 43 minutes  
From Ichinoseki Station  
by car for approx. 1 hour and 35 minutes



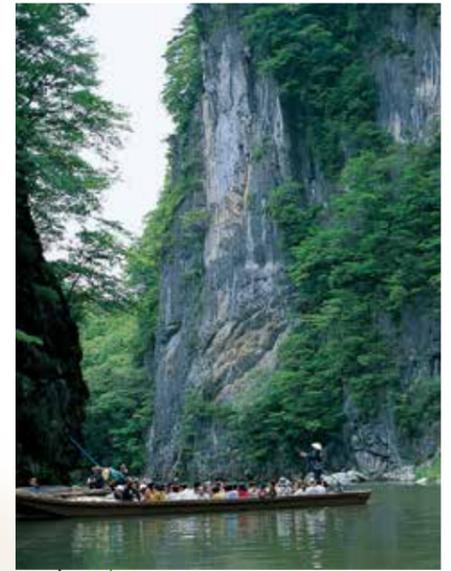
## Kurikoma-sanso

From Yuzawa Station  
by car for approx. 1 hour and 4 minutes  
From Ichinoseki Station  
by car for approx. 1 hour and 10 minutes



## Genbi Ravine

From Ichinoseki Station by car for approx. 20 minutes  
From Kurikoma-kogen Station by car for approx. 32 minutes



## Geibi Gorge

From Ichinoseki Station by car for approx. 25 minutes  
From Kurikoma-kogen Station by car for approx. 50 minutes

## Ichinoseki Station:

From Sendai Station by shinkansen (Hayabusa) for approx. 21 minutes

From Tokyo Station by shinkansen (Hayabusa) for approx. 1 hour and 54 minutes

## Kurikoma-kogen Station:

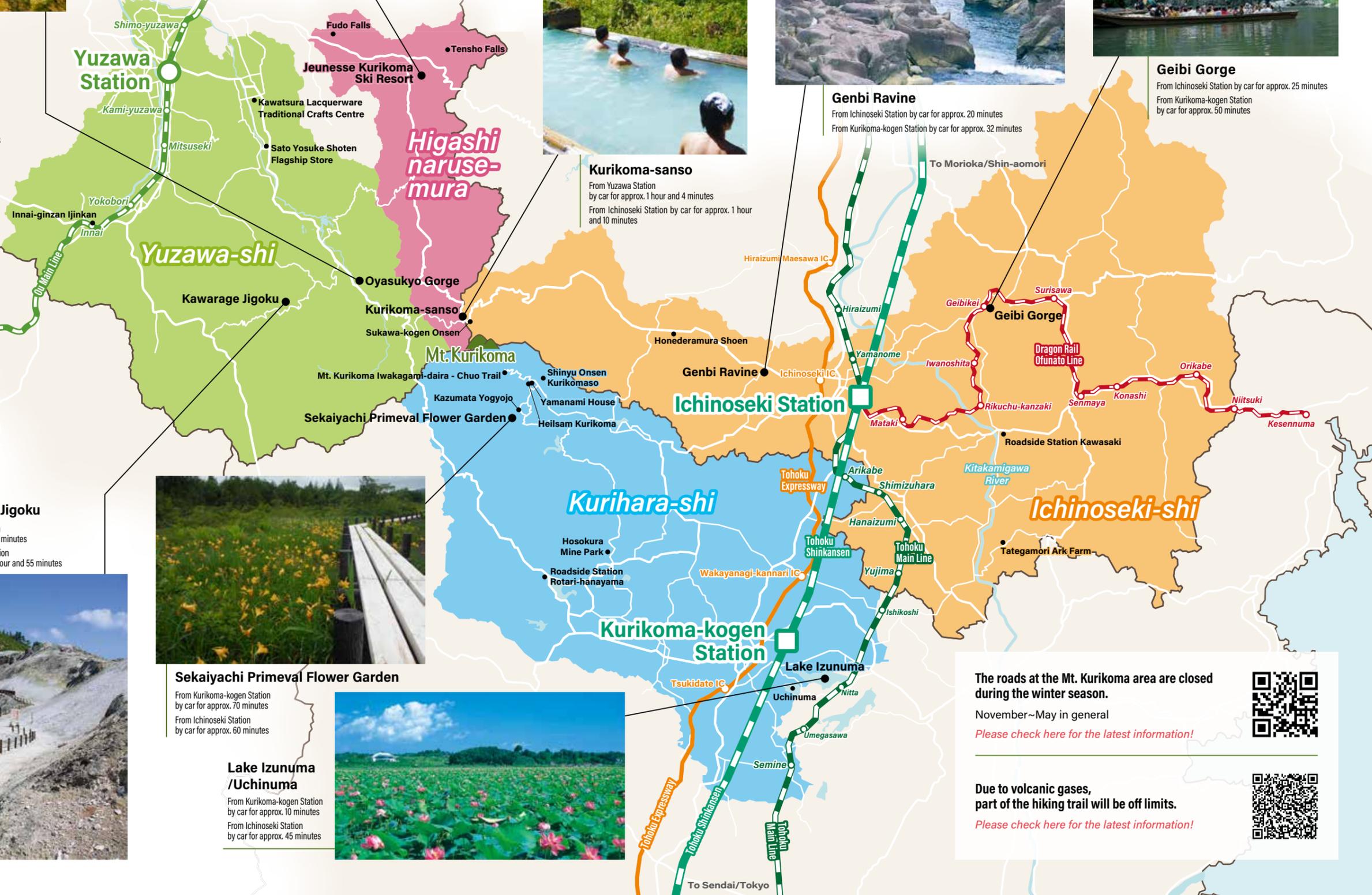
From Sendai Station by shinkansen (Yamabiko) for approx. 22 minutes

From Tokyo Station by shinkansen (Hayabusa/Yamabiko) for approx. 2 hours and 17 minutes

## Yuzawa Station:

From Akita Station via JR Ou Main Line for 1 hour and 36 minutes

From Sendai Station by shinkansen (Komachi) + JR Ou Main Line for 2 hours and 27 minutes



## Kawarage Jigoku

From Yuzawa Station  
by car for approx. 42 minutes  
From Ichinoseki Station  
by car for approx. 1 hour and 55 minutes



## Sekaiyachi Primeval Flower Garden

From Kurikoma-kogen Station  
by car for approx. 70 minutes  
From Ichinoseki Station  
by car for approx. 60 minutes



## Lake Izunuma /Uchinuma

From Kurikoma-kogen Station  
by car for approx. 10 minutes  
From Ichinoseki Station  
by car for approx. 45 minutes

The roads at the Mt. Kurikoma area are closed during the winter season.

November~May in general

Please check here for the latest information!



Due to volcanic gases, part of the hiking trail will be off limits.

Please check here for the latest information!





# 春 Spring

## Mt. Kurikoma hiking season start

The main peak of Kurikoma National Park (elevation 1626m). In mid-May, mountaineering courses from Iwate, Akita and Miyagi prefectures can be used. You can enjoy the ascent while crunching through the remaining winter snow.

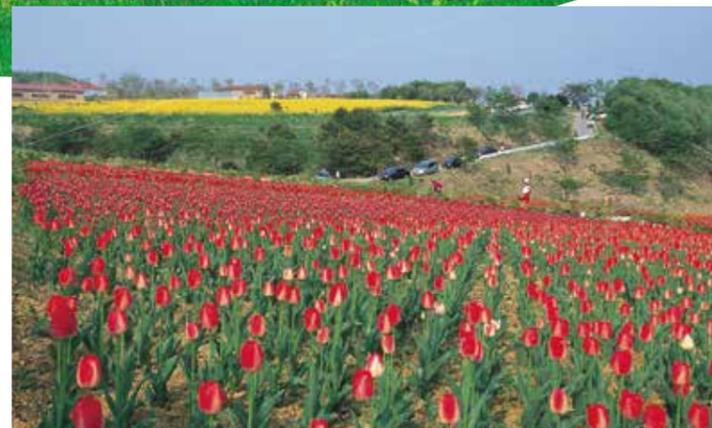
After the cold has passed, Spring, the season for outings



### Flowers and fountain park (Ichinoseki, Iwate)

A theme park-scaled peony garden, the largest in Tohoku! You can relax and enjoy the colors of the flowers of the four seasons.

A peony festival will be held from the start to the end of May.



### Tategamori Ark Farm (Ichinoseki, Iwate)

Seasonal flowers such as tulips, lavender and herbs come into bloom. Get to know a variety of animals on this spacious farm and eat healthy, delicious foods unique to a farm.



# 夏 Summer

## Sekaiyachi Primeval Flower Garden (Kurihara, Miyagi)

A marshland on the southern foot of Mt. Kurikoma (Miyagi side). Many people visit during the June blooming season. A wooden path is installed across the marshland, for easy walking and maintaining the natural landscape.



### Alpine Plants

It was listed as one of the top mountains for flowers in the anthology "100 best flower mountains, it is a treasurehouse of alpine plants in the Tohoku region, alongside Mt Hayaike and Mt Akita Komagatake.

While Summer is overflowing with beautiful alpine plants

### Kawarage Jigoku (Yuzawa, Akita)

Sulphur gas erupts, plants cannot grow, and strangely-shaped rocks peer from the mountain face to give one the image of entering hell ("jigoku"). It is counted as one of Japan's three great sacred places.



### Sukawa Kougen Ubunuma Marsh (Ichinoseki, Iwate)

By following the hiking route "Nature Observation Path (Ubunuma Trail)", it can be viewed. You can also take a day trip here.

### Oyasukyo Gorge Large hot spring (Yuzawa, Akita)

The gorge was formed into a V-shaped valley by the steady erosion of both banks by the Minase River over many years. Spring is filled with fresh verdure, Autumn ablaze with fiery foliage, and during the winter huge icicles called "shigakko" can be enjoyed.



### Lotus of Lake Izunuma and Uchinuma (Kurihara/Tome, Miyagi)

Tohoku's largest lowland lakes, Izunuma and Uchinuma, with lotus flowers blooming across the surface from July to August, is best enjoyed on a small sightseeing boat. Registered in the Ramsar Convention, about 100,000 migratory birds visit from Autumn for the Winter.



## Hot Spring

Warm your body and spirit in hot spring waters, a gift from the fertile earth of Kurikoma.



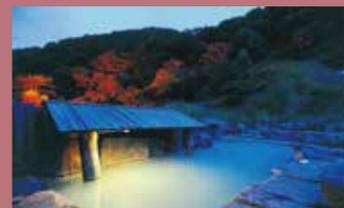
### Shinyu Onsen Kurikomasa (Kurihara, Miyagi)

Nestled in a beech forest at 600 m above sea level, this hot spring oasis has been soothing the fatigue of mountain trekkers since long ago. The secluded hot-spring lodging features free-flowing hot spring water and traditional hot-spring culture.



### Oyasukyo Onsen (Yuzawa, Akita)

Situated in the beautiful gorge, Oyasukyo, open-air baths along the gorge let you soak in the scenery and the murmuring of the river for a blissful experience. The white steam (boiling water) bursting forth from cracks in the precipice approximately 60 m below is a spectacular sight.



### Doroyu Onsen (Yuzawa, Akita)

The two-building lodging facility uses different hot spring sources so you can enjoy each of the hot spring waters. Nearby, there is a barren expanse of land at Kawarage Jigoku, and hot spring pools formed at the bottom of Oyatuki Falls that can be bathed in during summer.

## Hot Spring

Enjoy famous or secluded hot springs, each filled with individuality



### Kurikoma-sanso (Higashi Naruse, Akita)

The hot spring water is said to flow at rate of 6,000 litres per minute. There is a panoramic open-air bath overlooking the Sukawa Plateau, situated at an altitude of 1,100m. In addition, you can enjoy a perfect night sky that appears to rain down from above.



### Sukawa Kougen Onsen (Ichinoseki, Iwate)

This hot spring is situated 1,126m above sea level, areas that were once lava, it is now surrounded by shrubs and alpine plants. 6000 litres of hot water flows through every minute. The wonderful scenery spreads beneath your eyes, as you sit atop a sea of clouds, and look out at the sunset over Mt. Chokai to the west.



### Akinomiya Onsen (Yuzawa, Akita)

Opened in 1702, it is the oldest hot spring in Akita prefecture. One of the attractions is that each lodging uses a different water source, so you can choose which type and quality of spring water you would like to experience. Depending on the season, there is an opportunity to make and enjoy your own foot bath "Kawahara no yukko".

# 秋 Autumn

## Mt. Kurikoma Iwakagami-daira (Miyagi, Kurihara)

One of the representative autumn-leaf viewing spots of Mt. Kurikoma. As you climb the mountain and look down on Iwakagami Daira, the autumn trees spread like a carpet below. The best time is from late September to early October.

Autumn, witness one of the most astonishing view in Japan

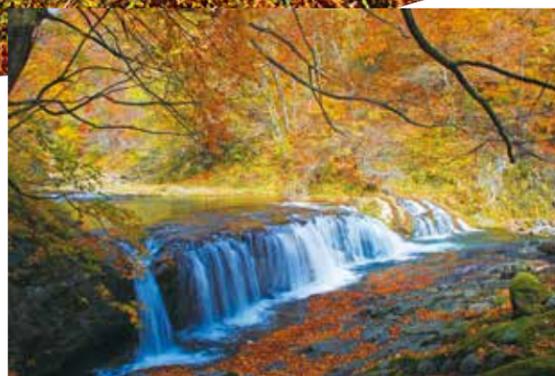


### Geibi Gorge (Ichinoseki, Iwate)

One of Japan's 100 scenic spots, Geibi Gorge is a gorge with sheer cliffs standing over 100m high on both banks of the river. You can enjoy the beautiful scenery of any season on a boat ride that lasts about 90 minutes.

### Genbi Ravine (Ichinoseki, Iwate)

Genbi Ravine is a gorge created by the Sakurai River flowing into Ichinoseki city. From the promenade, you can see the contrast between the rapidly flowing upstream, and the relaxed downstream depths. The specialty "Kakkou dango" is located on the other side of the river - but no matter! Your order will be delivered in a basket by a rope over the ravine.



### Asabu Valley (Kurihara, Miyagi)

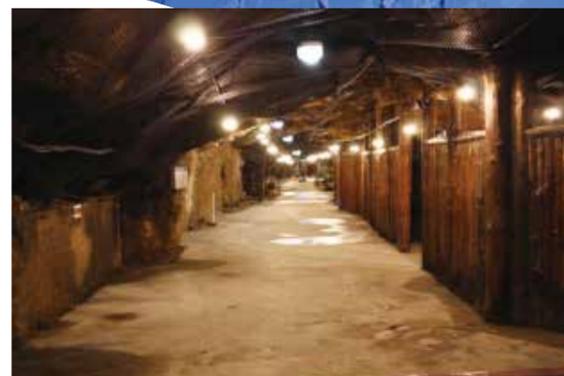
A valley that extends for about 1.6 km upstream of Sakogawa, which flows into Miyagi prefecture. There are two waterfalls, "Sakimaki" and "Fudo". It is filled with beauty due to its ever-changing nature. The fresh greenery around May, and the autumn leaves around October, are particularly beautiful.

## Jeunesse Kurikoma Ski Resort (Higashi Naruse, Akita)

Enjoy deep snow at this ski resort offering a variety of courses for beginner to advanced skiers. You can also stay overnight at Yamayuri Onsen located next to the ski resort, or take advantage of the hot spring without spending the night.

# 冬 Winter

Winter, to enjoy winter sports and hot springs



### Hosokura Mine Park (Kurihara, Miyagi)

A mine that was operational for almost 1200 years, it opened to visitors as a park when the mountain was closed. You can learn about the conditions inside the mine by actually walking down it. The tunnel is kept cool at 15 degrees year-round, without using air conditioning.



### Lake Izunuma/Uchinuma (Kurihara/Tome, Miyagi)

Izunuma and Uchinuma are known as the target of migratory birds, particularly swan and geese. It is a registered important wetland for migratory birds as per the international Ramsar Convention. Of the greater white-fronted geese that come to Japan, 80% arrive here.

### Matsurube Snowland (Ichinoseki, Iwate)

A selection of ski courses are available, appropriate for families up to courses suited for athletes. In addition, you can enjoy interacting with nature through activities such as camping, bird-watching and hiking.



## Recommended!! Kurikoma Area Gourmet Information



### Inaniwa Udon (Yuzawa, Akita)

"Inaniwa Udon" has over 300 years of history. As one of Japan's recognised top three noodles, its delicate, hand-made taste is loved by all generations.

### Ichinoseki grilled harami (outside skirt) (Ichinoseki, Iwate)

Class B gourmet of chicken diaphragm fried together with a salty-sweet sauce. Only less than 10 g can be obtained from 1 chicken, making this a delicacy.



### Mochi cuisine (Ichinoseki/Hiraizumi, Iwate)

At seasonal events and life milestones in the Ichinoseki region, these sticky rice cake dishes are often eaten. This "mochi food culture" has been classified as a UNESCO Intangible Cultural Heritage.



### Kurikoma Kouei char over rice (Kurihara, Miyagi)

Char nurtured and locally-grown in spring water at the foot of Mt Kurikoma is served here in Kouei district, in a rice-bowl overflowing with individuality.

## Model Course in Winter ①



### Second Day

Lodging → Hosokura Mine Park → Mt Sakurada Shrine → Kurikoma Kougen Station

### First Day

Ichinoseki station → down Geibi Gorge by boat, paper-making experience → Matsurube Snowland (Banana boat experience or snowshow experience) (Overnight) Matsurube Onsen



## Model Course in Winter ②



### Second Day

Lodging → Sake brewery tour → Oyasukyo → Yuzawa Station → Create a bijin-ga picture (Oyasukyo Tour Guide Group)

### First Day

Yuzawa Station → Jeunesse Kurikoma Ski Resort (skiing or playing in snow) → (Overnight) Lodging facility in Yuzawa



\*During winter, Akinomiya - Kawarage Jigoku - Oyasukyo Gorge is closed.

Oyasukyo

Depart from Kurikoma-kogen Station - Arrive at Yuzawa Station

# Kurikoma's Autumn Leaves / Hot Spring Course



Mt. Kurikoma, known as "God's Carpet", is a prominent location not only in Tohoku and also the whole country. A course that picks up the central course mountain climbing where you can see the autumn leaves from the top, hot springs in Genbikei Gorge, and tourist attractions that represent the famous Inaniwa udon at the foot of Kurikoma.



Map of Route

You can also view the details of this course online.



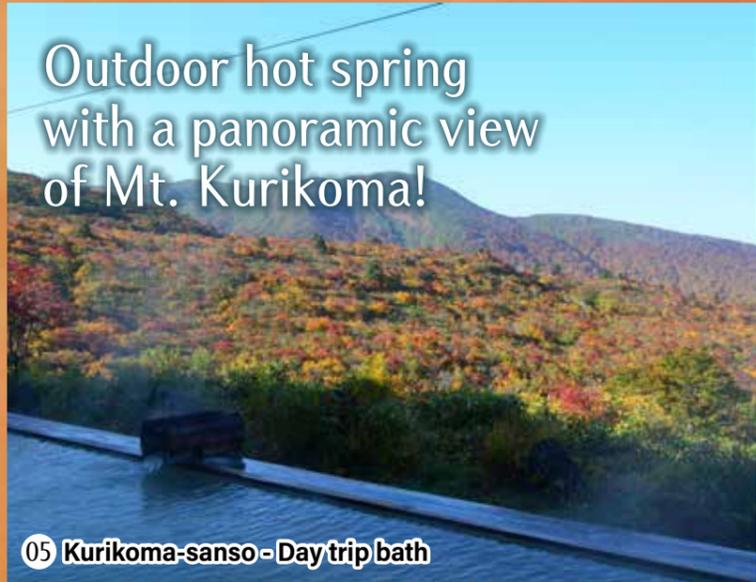
Excellent view of the winner of Tohoku's Autumn Leaves Ranking!

(best time to view in the previous years: end of September ~ mid-October)

01 Mt. Kurikoma Iwakagami-daira - Chuo Trail



02 Kurikoma Koei - Inawa Don



05 Kurikoma-sanso - Day trip bath



07 Sato Yosuke Shoten Flagship Store



04 Genbikei Gorge



03 Genbi Ravine Kakko Dango



06 Oyasukyo Gorge



08 Roadside Station Ogachi - Komachi-no-sato

**01 Mt. Kurikoma Iwakagami-daira - Chuo Trail**  
 MAP CODE: 573 681 899\*44  
 A trail from Iwakagami-daira. The shortest distance to the peak of the mountain, with wide paths and well maintained, it makes this trail a perfect one for tourists. It is also the most famous location to enjoy the red autumn leaves that Kurikoma is known for.  
 Koei, Kurikomamamura, Kurihara-shi, Miyagi  
 Best time to view the autumn leaves (previous years): end of September-mid-October

**02 Kurikoma Koei - Inawa Don**  
 Donburi (rice-bowl dish) served with delicious Inawa bread in spring water in the Mt. Kurikoma area. You can try different Inawa Dons at 4 spots in the Koei area. Do not forget to check out the establishment's schedule for lunch time.  
 [Yamanami House]  
 9:00-16:00 closed on Tuesdays  
 MAP CODE: 573 655 701\*36  
 [Heilsam Kurikoma]  
 Restaurant 11:30-14:00  
 MAP CODE: 573 655 725\*25

**03 Genbi Ravine Kakko Dango**  
 MAP CODE: 142 096 002\*58  
 Famous in Genbikei. Also known as "flying dango" - the dango and tea are served in a basket hung on a rope, and delivered from the opposite side of the riverbank.  
 (within the area) Takinoue, Genbi-cho, Ichinoseki-shi, Iwate

**04 Genbi Ravine Genbikei Onsen Itsukushien**  
 MAP CODE: 142 065 888\*36  
 Located by Genbikei Gorge, is a public bath. You can also enjoy the murmuring of the little streams and the seasonal trees from the open-air bath.  
 Minami-takinoue 15, Genbi-cho, Ichinoseki-shi, Iwate

**05 Kurikoma-sanso - Day trip bath**  
 MAP CODE: 573 827 225\*44  
 Enjoy a huge panoramic view of Sukawa-kogen that is based at the foot of Mt. Kurikoma from an open-air bath located 1,000m above sea level!  
 (within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita  
 Day trip bath : 10:00-16:00

**06 Oyasukyo Gorge**  
 MAP CODE: 656 034 021\*82  
 Oyasukyo is a product of the erosion of the two banks of Minase River. During the autumn leaves season, it is dyed with beautiful colors, and you can also feel the breath of the land from its famous onsen fountain.  
 Yumoto 5-1, Minase, Yuzawa-shi, Akita

**07 Sato Yosuke Shoten Flagship Store**  
 MAP CODE: 212 385 429\*22  
 Akita's delicacy "Inaniwa Udon" originated from Yuzawa City's Inaniwa area, and this very store is most famous for Inaniwa Udon. At the flagship store, you can also visit its processing factory.  
 Inaniwa 80, Inaniwa-cho, Yuzawa-shi, Akita  
 Meals: 11:00-17:00

**08 Roadside Station Ogachi - Komachi-no-sato**  
 MAP CODE: 212 220 409\*03  
 Recommended as a spot to take a break from driving and to buy souvenirs. Besides shops selling products from not only from Yuzawa but also from all of Akita, there are also restaurants where you can savor Inaniwa Udon and Hinaji-jidori available.  
 Hashimoto 90, Ono, Yuzawa-shi, Akita  
 Operating hours: Depends on the establishment (the washroom is open 24hours)

Depart from Ichinoseki Station - Arrive at Yuzawa Station

# Ichinoseki·Yuzawa·Cultural Experience Course



Not only boasting its abundance of nature, the historic culture at the foot of Mt. Kurikoma is also a resource for tourism. From sake breweries, Inaniwa Udon factory visits to lacquerware making experiences, you can see, touch and learn its cultures, that are all inherited from its long history.

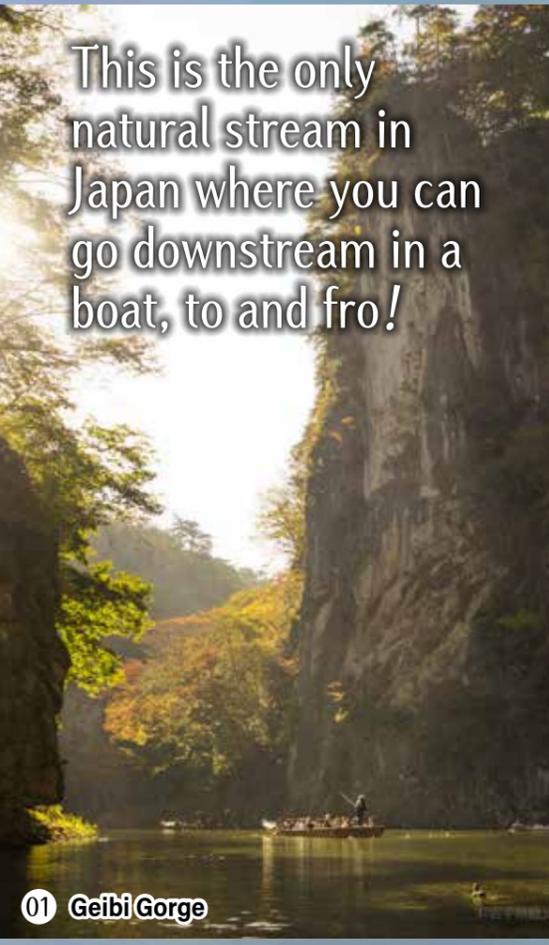


Map of Route

You can also view the details of this course online.



05 Sukawa-kogen Onsen



This is the only natural stream in Japan where you can go downstream in a boat, to and fro!

01 Geibi Gorge



The largest museum in Tohoku for sake kept in earthen storehouses

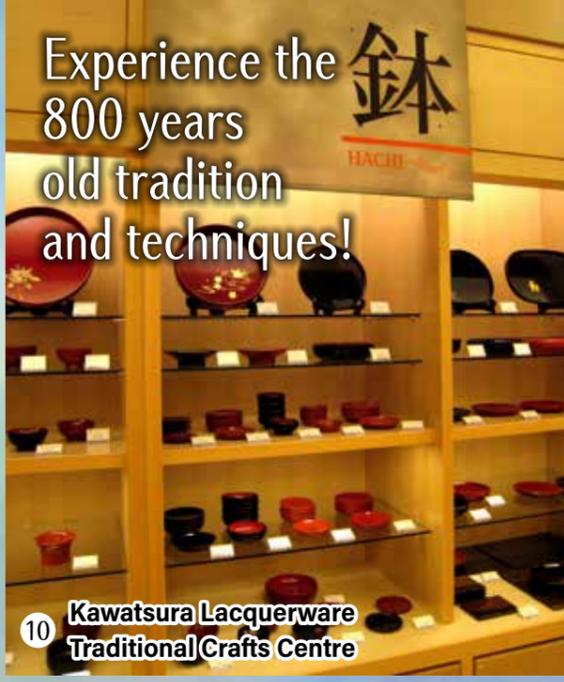
02 Sekinoichi Brewery



06 Kurikoma-sanso - Day trip bath

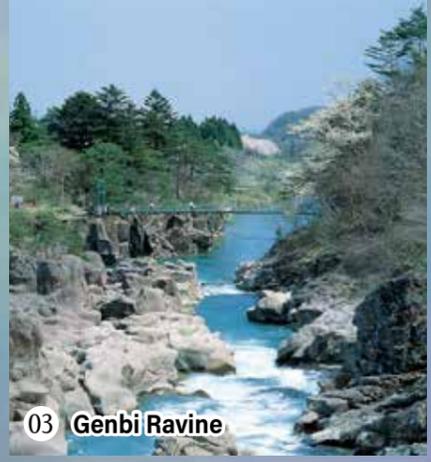


07 Oyasukyo Gorge

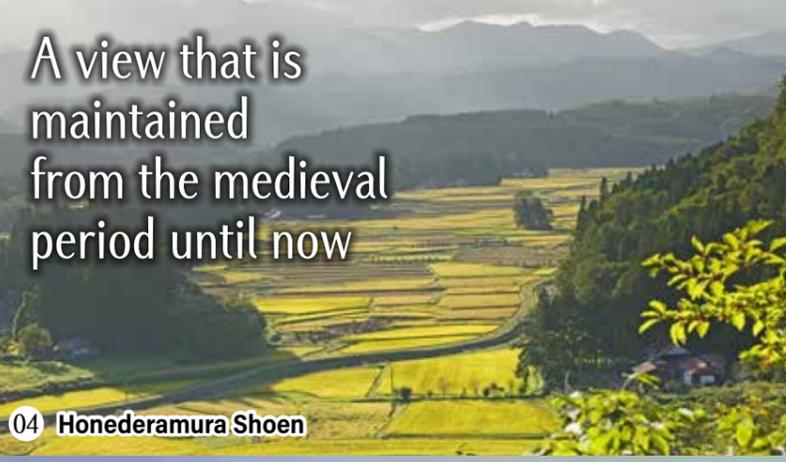


Experience the 800 years old tradition and techniques!

10 Kawatsura Lacquerware Traditional Crafts Centre



03 Genbi Ravine



A view that is maintained from the medieval period until now

04 Honederamura Shoen



09 Sato Yosuke Shoten Flagship Store



11 Ogachi-gun Capitol Memorial Museum

- 01 Geibi Gorge**  
 MAP CODE: 308 241 332\*52  
 One of the famous tourist spots in Iwate. Hop on the boat to sail across the clear stream and view the rocky cliffs and the seasonal trees. You can also enjoy the boatman's guides and singing!  
 Machi 467, Nagasaka, Higashiyama-cho, Ichinoseki-shi, Iwate
- 02 Sekinoichi Brewery**  
 MAP CODE: 142 046 369\*00  
 The production of the sake "Sekinoichi" and local beer "Iwate Kura Beer", a "Sake No Minzokubunka (folk culture on sake) Museum" and restaurants be found in the spacious grounds of the establishment. Besides the earthen storehouse and beer factory visits, you can also try out Ichinoseki's mochi-honzen (a type of set meal for ceremonies, auspicious events) experience, and many more.  
 Reservations are need for visits and cultural experiences.  
 Tamura-cho 5-42, Ichinoseki-shi, Iwate
- 03 Genbi Ravine**  
 MAP CODE: 142 066 875\*60  
 A well-known spot where you can observe a dynamic view of strange shaped rocks, abysses, potholes formed from the erosion of the Iwai River, and also the clear waters that that flow from Mt. Kurikoma. The famous flying dango, "Kakko Dango" here is also highly recommended.  
 (within the area) Takinoue, Genbi-cho, Ichinoseki-shi, Iwate
- 04 Honederamura Shoen**  
 MAP CODE: 319 790 316\*77  
 By maintaining the traditional sceneries of a farming village of waterways, paddy fields, shrines and temples surrounded by green mountains, Honederamura Shoen has been chosen as an important cultural landscape.  
 (within temple grounds) Genbicho, Ichinoseki-shi, Iwate
- 05 Sukawa-kogen Onsen**  
 MAP CODE: 573 827 231\*14  
 One of the famous hot springs in Tohoku with a deep history. The hot spring water is said to flow at rate of 6,000 litres per minute. In addition, it is well-known for being a strongly acidic alum-melanterite spring, which is rare even in Japan.  
 (within Kurikoma Quasi-national Park) Matsurubeyama, Genbi-cho, Ichinoseki-shi, Iwate
- 06 Kurikoma-sanso - Day trip bath**  
 MAP CODE: 573 827 225\*44  
 The quality of the spring at Kurikoma Sanso is similar to Sukawa Kougen Onsen, which is a strongly acidic alum-melanterite spring. Aside from the curing properties of the hot-spring, this area is exposed to strong ultraviolet rays due to its location on a high mountain, making it a suitable place for treatment with UV light.  
 (within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita  
 Day trip bath: 10:00-16:00
- 07 Oyasukyo Gorge**  
 MAP CODE: 656 034 021\*82  
 Another famous spot at Oyasukyo is "Daifunto". The cracks formed from the accumulated steam and hot water in the geothermal reservoir is said to be a rare geographical feature.  
 Yumoto 5-1 Minase, Yuzawa-shi, Aakita
- 08 Inaniwa Castle**  
 MAP CODE: 212 325 753\*58  
 The castle ruins where Onoderashi, who ruled the area 400 years ago lived. After going up the mountain with the largest slope car in Tohoku, you can find where the 4 storey castle is located. The view from the observatory, which is 300 metres above sea level high, is also recommended.  
 Furudatemaeira 50, Inaniwa-cho, Yuzawa-shi, Akita  
 Closed on Tuesdays
- 09 Sato Yosuke Shoten Flagship Store**  
 MAP CODE: 212 385 429\*22  
 Akita's delicacy "Inaniwa Udon" originated from Yuzawa City's Inaniwa area, and this very store is most famous for Inaniwa Udon. At the flagship store, you can also visit its processing factory.  
 Inaniwa 80, Inaniwa-cho, Yuzawa-shi, Akita  
 Meals: 11:00-17:00
- 10 Kawatsura Lacquerware Traditional Crafts Centre**  
 MAP CODE: 212 533 017\*25  
 A place where the exhibition, promotion and sales of Kawatsura Lacquerware that has a 800 year old history are held. Gold-inlaid lacquerware (using powdered gold in etched grooves) and maki-e experiences are also available. Experience courses are fee-charging and need to be reserved in advance.  
 Odatenakano 142-1, Kawatsura-cho, Yuzawa-shi, Akita  
 9:00-17:00 (closed on Thursdays)
- 11 Ogachi-gun Capitol Memorial Museum**  
 MAP CODE: 212 584 378\*88  
 Ogachi-gun Capitol Memorial Museum is designated as a tangible cultural property of Akita. After being completed in 1892 the historic building was used as the Ogachi-gun government office, and after that in various forms. It is worth for its design of a western government building from the Meiji period.  
 Kitaara-machi 2-20, Yuzawa-shi, Akita  
 8:30-17:00  
 Visits to the museum itself and regular exhibitions are free. (might be charged depending on the event and special exhibitions)

Depart from Ichinoseki Station - Arrive at Kurikoma-kogen Station

# Spring Plants Course

Mt. Kurikoma is famous in all of Japan for its autumn leaves and its status as the home to many alpine plants. This course suits the spring and early summer seasons, as it includes alpine plants that bloom in spring and early summer, Japanese wisterias at Genbikai and many more.



You can also view the details of this course online.



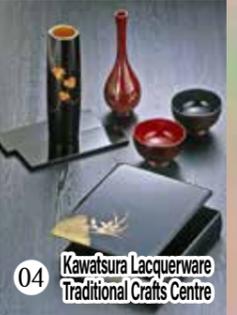
Departure/Arrival at Yuzawa Station

# Enjoy Spring at Yuzawa and Higashinaruse-mura Course

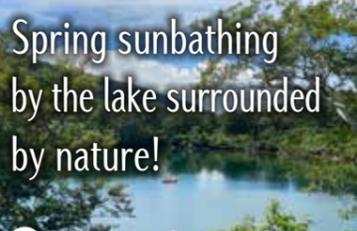
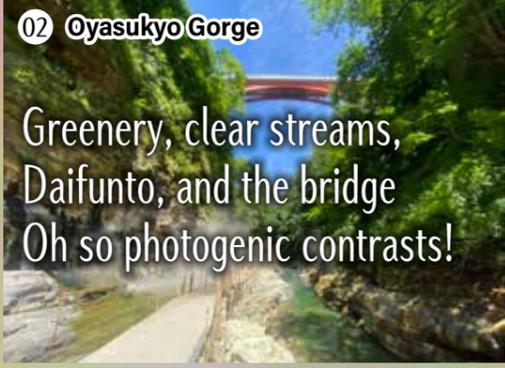
Embrace spring while sightseeing in Yuzawa that is situated in the west side of Mt. Kurikoma, as well as Higashinaruse-mura. Also, in this course you can experience the clear waters of Fudo Falls and the beautiful nature at Sukawa-kogen, enjoy a starry sky while getting to know their local cultures.



You can also view the details of this course online.



**06 Kurikoma-sanso**  
Fringed galax: peak season mid-June  
Hare's-tail cottongrass: peak season early July



**01 Geibi Gorge** | MAP CODE: 308 241 332\*52  
In spring (end of May~mid June), you can see the purple Japanese wisterias by the cliff in full bloom. They add a vivid color to the freshly grown greens.  
Machi 467, Nagasaka, Higashiyama-cho, Ichinoseki-shi, Iwate

**02 Murone-kogen (Muronasan Observatory)** | MAP CODE: 308 203 325\*52  
If you climb a bit further from Murone-kogen Fureai Farm, the Muronesan Observatory can be found. The deck can be accessed anytime, and the Kesenuma Bay and many more can also be viewed from there.  
Muronasan, Oriabe, Murone-cho, Ichinoseki-shi, Iwate

**03 Tategamori Ark Farm** | MAP CODE: 199 528 697\*77  
Known also as the Kingdom of Nature Ark Farm, during the long spring holiday season (end of April~early May), a total of 250,000 red, white and yellow tulips will be in full bloom.  
Kinuisawayama 9-15, Fujisawa-cho, Kinomi, Ichinoseki-shi, Iwate

**04 Flowers and fountain park**  
MAP CODE: 199 551 505\*74  
At the biggest peony garden in Tohoku, you can enjoy 300 species and 4000 peonies in bloom, and also see seasonal flowers. There is also a dog run area beside the establishment.  
Shimomiyazawa 159-1, Hanazumi, Hanazumicho, Ichinoseki-shi, Iwate  
April~October 9:00~17:00 (last entrance 16:30)

**05 Heilsam Kurikoma**  
MAP CODE: 573 655 725\*25  
A hot spring inn that boasts their waters that are sourced directly from the famous Mt. Kurikoma. Well known accommodation at Mt. Kurikoma. Besides attraction pools, saunas and cottages are also available.  
Koehigashi 50-1, Kurikoma-numakura, Kurihara-shi, Miyagi  
Start of hiking season: mid-May

**06 Mt. Kurikoma Iwakagami-daira - Chuo Trail**  
MAP CODE: 573 681 899\*44  
A trail from Iwakagami-daira. The shortest distance to the peak of the mountain, with wide paths and well maintained, it makes this trail a perfect one for tourists. In the previous years, the start of the hiking season is in May. The remaining snow can also be seen.  
Koei, Kurikomanumakura, Kurihara-shi, Miyagi

**07 Kurikoma-koei Iwana Don**  
Donburi (rice-bowl dish) served with delicious Inawa bred in spring water in the Mt. Kurikoma area. You can try different Inawa Dons at 4 spots in the Koei area.  
[Yamanami House] 9:00~16:00 closed on Tuesdays  
MAP CODE: 573 655 701\*36  
[Heilsam Kurikoma] Restaurant 11:30~14:00  
MAP CODE: 573 655 725\*25  
[Kazumata Yogyojo - Inawa No Yakata] 11:00~15:00 closed irregularly  
MAP CODE: 573 593 321\*44  
[Shinyu Onsen Kurikomaso] Closed irregularly  
MAP CODE: 573 656 660\*41

**01 Roadside Station Ogachi / Komachi-no-sato Park**  
MAP CODE: 212 220 409\*03  
You can purchase souvenirs and local food products from Yuzawa at this roadside station. Also, the nearby connecting park is themed as the old Ono Komachi lore, while the mysterious building built on the fresh lawn gives a strong impression.  
Hashimoto 90, Ono, Yuzawa-shi, Akita  
The Komachi Festival is held on the second Sunday of June and the day before it

**02 Oyasukyo Gorge**  
MAP CODE: 656 034 021\*82  
Oyasukyo is a product of the erosion of the two banks of Minase River. During the autumn leaves season, it is dyed with beautiful colors, and you can also feel the breath of the land from its famous onsen fountain.  
Yumoto 5-1, Minase, Yuzawa-shi, Akita

**03 Sato Yosuke Shoten Flagship Store**  
MAP CODE: 212 385 429\*22  
Akita's delicacy "Inaniwa Udon". Cold Inaniwa Udon eaten in spring and in the hot summer is recommended. The smooth texture and refined flavour are their trademark.  
Inaniwa 80, Inaniwa-cho, Yuzawa-shi, Akita  
Meals: 11:00~17:00

**04 Kawatsura Lacquerware Traditional Crafts Centre**  
MAP CODE: 212 533 017\*25  
Gold-inlaid lacquerware (using powdered gold in etched grooves) and maki-e experiences are also available. The glossy powdered gold used in this technique enhances the beauty of the lacquerware.  
Odatenakano 142-1, Kawatsura-cho, Yuzawa-shi, Akita  
9:00~17:00 (closed on Thursdays)

**05 Fudo Falls Hotarunosato Park**  
MAP CODE: 656 662 347\*44  
On the way heading towards Mt. Kurikoma from the city area of Yuzawa, it is a place to stop by easily for a break, and also a beautiful park to enjoy the beauty of nature. In the depths of the park, there is a waterfall where "Sennin training" - meditation by sitting under a waterfall can be carried out.  
Takinofukuro 30, Tagonai, Higashinaruse-mura, Ogachi-gun, Akita

**06 Kurikoma-sanso**  
MAP CODE: 573 827 225\*44  
The open-air bath at night is highly recommended - a huge panoramic view of Sukawa-kogen from an open-air bath while enjoying a sky full of stars!  
(Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita

**07 Iwakagami Wetlands - Stroll**  
MAP CODE: 573 827 214\*63  
This wetland can be found on the way heading towards Sukawa Lake from the Kurikoma-sanso. You can enjoy fringed galax and hare's-tail cottongrass while walking through a land of fringed galax.  
(Sukawa Lake) Sukawa-kogen, Higashinaruse-mura, Akita

**07 Sukawa Lake - Boating**  
MAP CODE: 573 825 236\*00  
Why not rent a boat at Sukawa Lake Camp and have a view of Mt. Kurikoma from the lake? Depending on the timing, sometimes you can experience some alone time with nature - something different when it is only you alone on the lake.  
(Sukawa Lake) Sukawa-kogen, Higashinaruse-mura, Akita

**08 Sukawa-kogen Onsen**  
MAP CODE: 573 827 231\*14  
After sweating from all the strolling and boating, do take a rest at Sukawa-kogen Onsen. Surrounded by nature, different types of baths such as family baths, the famous steam baths and many more are available.  
Day trip bath [Indoors] 9:00~16:00 [Outdoors] 6:00~21:00

**09 Ogachi-gun Capitol Memorial Museum**  
MAP CODE: 212 584 378\*88  
Ogachi-gun Capitol Memorial Museum is designated as a tangible cultural property of Akita. After being completed in 1892 the historic building was used as the Ogachi-gun government office, and after that in various forms. It is worth for its design of a western government building from the Meiji period.  
Kitaara-machi 2-20, Yuzawa-shi, Akita  
8:30~17:00 Visits to the museum itself and regular exhibitions are free. (might be charged depending on the event and special exhibitions)

## Departure/Arrival at Kurikoma-kogen Station

# Early Flowers and Clear Streams Course

At this course, embrace the full bloom of the seasonal flowers in the early summer at the Mt. Kurikoma area, visit famous spots in Ichinoseki, go down the stream in a boat, and enjoy the beautiful clear stream at Genbikei Gorge.



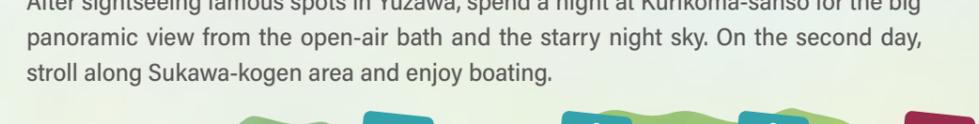
You can also view the details of this course online.

\*The used time stated above is just an estimation.  
\*Please be aware that the operation hours at Geibikei varies depending on the season.

## Depart from Yuzawa Station - Arrive at Ichinoseki Station

# Discover Summer in Yuzawa and Sukawa-kogen Course

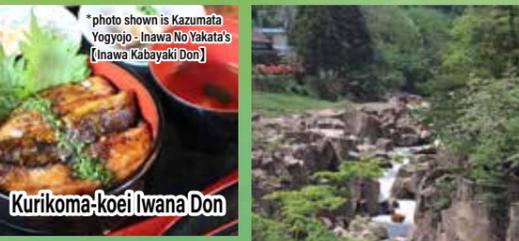
After sightseeing famous spots in Yuzawa, spend a night at Kurikoma-sanso for the big panoramic view from the open-air bath and the starry night sky. On the second day, stroll along Sukawa-kogen area and enjoy boating.



You can also view the details of this course online.



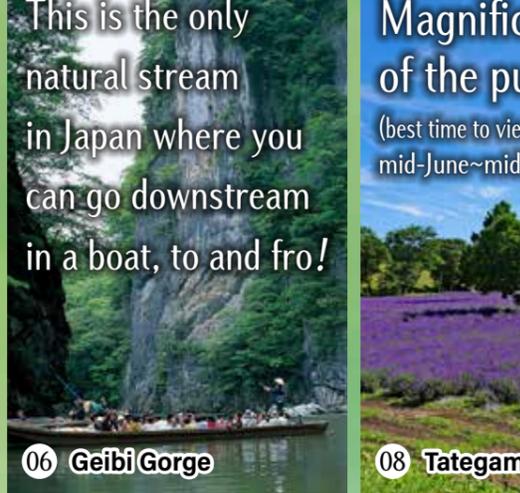
Best season for viewing may~end of June



**01 Ichihama Sannoshiseki Park Ayame Gardens**  
MAP CODE: 141 849 611\*88  
An ayame (iris) garden in the corner of Ichihama Sannoshiseki Park. They have around 300 species of iris a total of 220,000 plants.  
Doman 7-8 Ichihama Messaka, Kurihara-shi, Miyagi  
Opening hours 8:30-17:00  
Best time to view  
End of may-early June: Siberian iris  
End of may-mid-June: Rabbitear iris  
Mid-June-Early July: Japanese iris

**02 Kurikoma-koei Iwana Don**  
\*photo shown is Kazumata Yogyojo - Inawa No Yakata's [Inawa Kabayaki Don]  
MAP CODE: 573 655 701\*36  
[Yamanami House]  
9:00-16:00 closed on Tuesdays  
MAP CODE: 573 655 725\*25  
[Heilsam Kurikoma]  
Restaurant 11:30-14:00  
MAP CODE: 573 593 321\*44  
[Kazumata Yogyojo - Inawa No Yakata]  
11:00-15:00 closed irregularly  
MAP CODE: 573 656 660\*41  
[Shinyu Onsen Kurikomaso]  
Closed irregularly  
MAP CODE: 573 656 660\*41

Best time to view the day lilies is mid-June~end of June

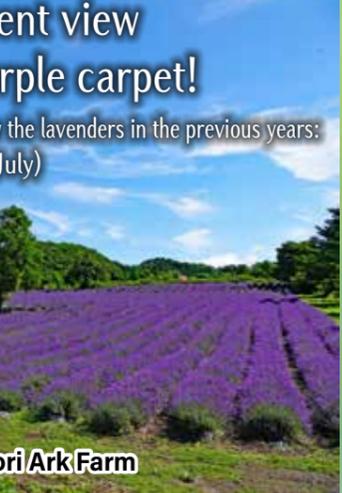


**03 Sekaiyachi Primeval Flower Garden**  
MAP CODE: 142 065 888\*36  
Located by Genbikei Gorge, is a public bath. You can also enjoy the murmuring of the little streams and the seasonal trees from the open-air bath.  
Minami-takinoue 15, Genbi-cho, Ichinoseki-shi, Iwate

**04 Genbikei Onsen Itsukushien**  
MAP CODE: 142 065 888\*36  
Located by Genbikei Gorge, is a public bath. You can also enjoy the murmuring of the little streams and the seasonal trees from the open-air bath.  
Minami-takinoue 15, Genbi-cho, Ichinoseki-shi, Iwate

**05 Genbi Ravine Kakkō Dango**  
MAP CODE: 142 096 002\*58  
Kakkō Dango also known as "flying dango", comes with tea in a set of three varieties - red bean paste, goma (sesame), and mitarashi (sweet soy sauce).  
(within the area)  
Takinoue, Genbi-cho, Ichinoseki-shi, Iwate

Best time to view the purple carpet! (best time to view the lavender in the previous years: mid-June~mid-July)



**06 Geibi Gorge**  
MAP CODE: 308 241 332\*52  
Not only a 100 metre tall wall, go down the stream in a boat while viewing the weirdly shaped rocks, caves, waterfalls, and other amazing sceneries. Surround and heal yourself by the greenery, clear streams and cooling wind.  
Machi 467, Nagasaka, Higashiyama-cho, Ichinoseki-shi, Iwate

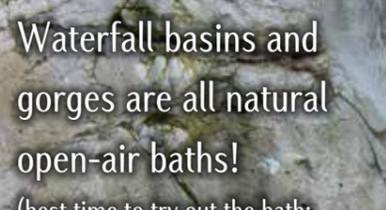
**07 Roadside Station Kawasaki**  
MAP CODE: 199 828 422\*25  
This roadside station specializes in local products and cuisines. Here the local cuisine "Kanihattou", Kitakami River's Japanese mitten crab, vegetables, dishes with hattou (suitor) as one of its ingredients are also available.  
Hodoji 42-3, Usuginu, Kawasaki-cho, Ichinoseki-shi, Iwate

**08 Tategamori Ark Farm**  
MAP CODE: 199 528 697\*77  
Also known as Kingdom of Nature Ark Farm, from mid-June to mid-July the Lavender Festival is held. During that period, the lavender farm in full bloom can be seen as a purple carpet appearing in the farm.  
Kinuisawayama 9-15, Fujisawa-cho Kinomi, Ichinoseki-shi, Iwate



**01 Innai-ginzan Ijinkan**  
MAP CODE: 212 155 572\*60  
Once known as the biggest silver mine in the orient, different documents and mining equipments, the model of the mining town are exhibited. It is located in JR Innai Station.  
Kozawa-115 Kamiinnai, Yuzawa-shi, Akita

**02 Kawarage Jigoku**  
MAP CODE: 813 567 537\*11  
One of Japan's three sacred mountains, until now it still gushes sulfide gas, and besides making it impossible for plants to grow, its appearance from with all kinds of rocks with weird shapes boosts its image of an exact "hell".  
Takamatsu, Yuzawa-shi, Akita  
It is recommended that you head to the Kawarage Jigoku Parking Lot via Doroyu Onsen.



**02 Kawarage Oyutaki**  
MAP CODE: 813 567 537\*11  
A 20 minute walk from the Kawarage Jigoku Parking Lot to walk through Kawarage Jigoku, and a 15 minute walk along the mountain roads from Kawarage Oyutaki Parking Lot. Ahead of them is the rare waterfall spring - in which the waterfall itself is a type of hot spring.  
The best time for the bath is early July to mid-September. A bathing suit is needed.  
The walking route from Kawarage Jigoku Parking Lot is sandy and sloped. Sandals are not recommended.



**03 Oyasukyo Gorge**  
MAP CODE: 656 034 021\*82  
Oyasukyo is a product of the erosion of the two banks of Minase River. During the autumn leaves season, it is dyed with beautiful colors, and you can also feel the breath of the land from its famous onsen fountain.  
Yumoto 5-1, Minase, Yuzawa-shi, Akita

**04 Kurikoma-sanso**  
MAP CODE: 573 827 225\*44  
Kurikoma-sanso is located 1,100 m above sea level, so you can feel the cooling air in the morning and at night, even during summer time. The windows of the rooms and restaurants are also big and wide, so you can enjoy the vivid green view below.  
(within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita

**05 Nagorigahara - Stroll**  
MAP CODE: 573 827 231\*14  
Enter from the nearby entrance at Sukawa-kogen Onsen and try out this wetlands stroll trail that takes an hour for one big round. For this activity casual clothes are okay but if you would like to aim for a higher difficulty then you will need mountaineering boots.

**06 Sukawa-kogen Onsen**  
MAP CODE: 573 827 231\*14  
Enjoy a day trip bath at Sukawa-kogen Onsen and have lunch at a relaxing pace.  
(within Kurikomakokutei Park) Matsuurbeyama, Genbi-cho, Ichinoseki-shi, Iwate  
Day trip bath  
[Indoors] 9:00-16:00 [Outdoors] 6:00-21:00

**07 Sukawa Lake - Boating**  
MAP CODE: 573 825 236\*06  
Why not rent a boat at Sukawa Lake Camp and have a view of Mt. Kurikoma from the lake? Depending on the timing, sometimes you can experience some alone time with nature - something different when it is only you alone on the lake.  
(Sukawa Lake) Sukawa-kogen, Higashinaruse-mura, Akita

**08 Genbikei Ravine**  
MAP CODE: 142 066 875\*60  
On the way back to Ichinoseki, have a view of the beautiful gorge that represents Tohoku while having a rest. There are many tourists in this area despite the narrow paths, so do be extra careful when you drive.  
(within the area) Takinoue, Genbi-cho, Ichinoseki-shi, Iwate

Depart from Yuzawa Station - Arrive at Ichinoseki Station

# Enjoy Autumn at Yuzawa/Tenmaone Trail Hiking/Ichinoseki 3D2N Course

Sightseeing + hiking course. On the first day, enjoy autumn in Yuzawa to your fullest. On the second day, enjoy the autumn view of Mt. Kurikoma while you hike up Tenmaone Trail, and soak in the hot springs after the hike. On the third day, travel to Ichinoseki and do some sightseeing.



Map of Route



You can also view the details of this course online.



\*The used time stated above is just an estimation.

Depart from Kurikoma-kogen Station - Arrive at Yuzawa Station

# Feel the Heat of the Earth "Onsen" Experience Course

Enjoy famous and secluded hot springs and their different nature! Just as what the title of the course states, with this course, you can drive around the Mt. Kurikoma area and go to hot springs while enjoying the famous local products. Highly recommended to those who like hot springs, gourmet and a relaxed journey.



Map of Route



You can also view the details of this course online.



\*The used time stated above is just an estimation.

Hot springs where you can feel the breath of nature



Best time to view the autumn leaves:  
Near the mountain peak - end of September, near Sukawa Onsen - early October



Recommended course for those who enjoy hiking



07 Tenmaone Trail



Michinoku's hot spring where the legend of the Tengu remains



<p><b>01 Kawarage Jigoku</b> MAP CODE: 813 567 537*11 One of Japan's three sacred mountains, until now it still gushes sulfide gas, and besides making it impossible for plants to grow, with its appearance from with all kinds of rocks with weird shapes boosts its image of an exact "hell". Takamatsu, Yuzawa-shi, Akita It is recommended that you head to the Kawarage Jigoku Parking Lot via Doroyu Onsen.</p>	<p><b>02 Oyasukyo Gorge</b> MAP CODE: 656 034 021*82 Oyasukyo is a product of the erosion of the two banks of Minase River. During the autumn leaves season, it is dyed with beautiful colors, and you can also feel the breath of the land from its famous onsen fountain. Yumoto 5-1, Minase, Yuzawa-shi, Akita</p>	<p><b>03 Sato Yosuke Shoten Flagship Store</b> MAP CODE: 212 385 429*22 Akita's delicacy "Inaniwa Udon". Cold Inaniwa Udon eaten in spring and in the hot summer is recommended. The smooth texture and refined flavour are their trademark. Inaniwa 80, Inaniwa-cho, Yuzawa-shi, Akita Meals: 11:00-17:00</p>	<p><b>04 Fudo Falls Hotarunosato Park</b> MAP CODE: 656 662 347*44 On the way heading towards Mt. Kurikoma from the city area of Yuzawa, it is a place to stop by easily for a break, and also a beautiful park to enjoy the beauty of nature. In the depths of the park, there is a waterfall where "Sennin training" - meditation by sitting under a waterfall can be carried out. Fudosawa, Tagonai, Higashinaruse-mura, Ogachi-gun, Akita</p>	<p><b>05 Kurikoma-sanso</b> MAP CODE: 573 827 225*44 Enjoy a huge panoramic view of Sukawa-kogen that is based at the foot of Mt. Kurikoma dyed in red from an open-air bath located 1100 m above sea level! (within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita It will be crowded at Kurikoma-sanso during the autumn leaves season so please check their website and book for a stay in advance.</p>
<p><b>07 Tenmaone Trail - Hiking</b> MAP CODE: 573 825 236*06 From the entrance by Sukawa Lake climb up Magusadake, if you continue ahead you can find alpine plants in spring and summer, as well as yellowish plants in autumn at the "silvery white plains". The view from the observatory huge rock is also amazing, making it an attractive longitudinal trail. If you bring lunch along, you can enjoy your food while enjoying the scenery at the top of the mountain.</p>	<p><b>08 Sukawa-kogen Onsen</b> MAP CODE: 573 827 231*14 Soak in a hot spring while recovering from a tired day of mountain climbing. (within Kurikoma Quasi-national Park) Matsurubeyama, Genbi-cho, Ichinoseki-shi, Iwate</p>	<p><b>09 Honederamura Shōen</b> MAP CODE: 319 790 316*77 By maintaining the traditional sceneries of a farming village of waterways, paddy fields, shrines and temples surrounded by green mountains, Honederamura Shoen has been chosen as an important cultural landscape. (within temple grounds) Genbicho, Ichinoseki-shi, Iwate</p>	<p><b>10 Genbi Ravine</b> MAP CODE: 142 066 875*60 A well-known spot where you can observe a dynamic view of strange shaped rocks, abysses, potholes formed from the erosion of the Iwai River, and also the clear waters that that flow from Mt. Kurikoma. The famous flying dango, "Kakko Dango" here is also highly recommended. (within the area) Takinoue, Genbi-cho, Ichinoseki-shi, Iwate</p>	

<p><b>01 Shinyu Onsen Kurikomaso</b> MAP CODE: 573 656 660*41 Opened in 1720, this hot spring spot is surrounded by a beech forest located 600m above sea level. The nature of this spring: sulfur containing - calcium - sulfate spring (hydrogen sulfide type), hypotonic low acidity hot springs. For lunch [Iwana Don] is recommended Koeihigashi 95-2, Kurikomanumakura, Kurihara-shi, Miyagi Day trip bath 10:00-16:00</p>	<p><b>02 Genbi Ravine</b> MAP CODE: 142 066 875*60 There are also hot springs at Genbiki Gorge - you can enjoy day trip baths at Genbiki Itsumushien. The nature of their hot springs: hydrogen carbonate springs Day trip bath 11:00-16:00</p>	<p><b>03 Sukawa-kogen Onsen</b> MAP CODE: 573 827 231*14 One of the famous historic hot springs in Tohoku. The nature of the hot springs are Myoban Ryokubansen (alum and melanterite springs), which are considered a rarity thus attracting customers seeking for hot springs cure. Do try out the hot springs cure culture here as well. (within Kurikoma Quasi-national Park) Matsurubeyama, Genbi-cho, Ichinoseki-shi, Iwate</p>	
<p><b>04 Kurikoma-sanso</b> MAP CODE: 573 827 225*44 The nature of the hot springs at Kurikoma-sanso is the same as Sukawa-kogen Onsen - Myobansen Ryokubansen (alum and melanterite springs) with high acidity. Besides hot spring cure, due to this area being in the high mountains it has also high UV rays, making it a suitable place for climatotherapy. (within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita Day trip bath 10:00-16:00</p>	<p><b>05 Oyasukyo Gorge</b> MAP CODE: 656 034 021*82 Another famous spot at Oyasukyo is "Daifunto". The cracks formed from the accumulated steam and hot water in the geothermal reservoir is said to be a rare geographical feature. Yumoto 5-1, Minase, Yuzawa-shi, Akita</p>	<p><b>06 Doroyu Onsen Okuyama Ryokan</b> MAP CODE: 813 568 474*52 The name "Doroyu Onsen" came from the color of its waters being muddy. Its simple taste despite its long history, makes it a famous spot as a secluded hot spring. The nature of the hot spring: simple spring, sulfur spring, different hydrogen sulfide types Doroyuzawa 25, Takamatsu, Yuzawa-shi, Akita Day trip bath 10:30-14:30 (*reception is until 13:30)</p>	<p><b>07 Kawarage Jigoku</b> MAP CODE: 813 567 537*11 As the ending of the "feel the geothermy" experience route, why not head over to Kawarage Jigoku? It is a 30 minute walk, and a 3 minute drive from Okuyama Ryokan. You can also feel the heat from the weird rocks of the mountain surface that gush sulphur and steam. Kawarage, Takamatsu, Yuzawa-shi, Akita</p>

Depart from Yuzawa Station - Arrive at Kurikoma-kogen Station

# Explore the Town that Once Flourished Through the Mines Sightseeing Course

Besides Innai-ginzan Ijinkan where you can know more about the Yuzawa that flourished through its silver mines, also travel to Higashinaruse Village and Kurikoma while sightseeing.



**First Day**

9:00	9:30	11:00	12:20	13:30	14:30	15:50	17:05
Rent a car	Visit	Stroll	Lunch	Visit	Visit	Stroll	Stay at accommodation
Departure	01	02	03	04	05	06	07
Yuzawa Station	Innai-ginzan Ijinkan	Kawarage Jigoku	Sato Yosuke Shoten Flagship Store	Ogachi-gun Capitol Memorial Museum	Yamamo Miso and Soy Sauce Brewing Company	Fudo Falls Hotarunosato Park	Kurikoma-sanso

**Second Day**

10:00	10:45	11:20	12:20	13:30	14:30	15:00
Departure	Stroll	Stroll	Lunch	Visit	Return rental car	Arrival
07	08	09	10	11		
Accommodation	Sendai Han Hanayama Village Trace of Nuruyu Bansho	Azabu Canyon	Roadside Station Rotari-Hanayama	Hosokura Mine Park	Kurikoma-kogen Station	

*\*The used time stated above is just an estimation.*

You can also view the details of this course online.

Depart from Kurikoma-kogen Station - Arrive at Ichinoseki Station

# Learning About Disaster Prevention and Kurikoma-kogen and, Ichinoseki Sightseeing Course

A sightseeing + learning course on how the area that experienced the 2008 Iwate-Miyagi Nairiku Earthquake managed to face natural disasters, and knowledge about disaster prevention. Day 1 is packed with more learning.



**First Day**

10:00	10:30	11:15	11:45	12:20	13:35	15:00
Rent a car	Experience/Visit	Visit	Lunch	Stroll	Stay at accommodation	
Departure	01	02	03	04	05	
Kurikoma-kogen Station	Kurikomasanroku Geopark Visitor Center	Aizomeko Fureai Park	Kurikoma-koei Iwana Don	Sekaiyachi Primeval Flower Garden	Shinyu Onsen Kurikomaso	

**Second Day**

9:00	9:30	10:30	11:00	11:30	14:45	15:10	16:30	16:35
Departure	Stroll	Stroll	Lunch/Go down the stream by boat	Visit sake brewery	Return rental car	Arrival		
05	06	07	08	09				
Accommodation	Honederamura Shōen	Genbi Ravine	Geibi Gorge	Sekinoichi Brewery	Ichinoseki Station			

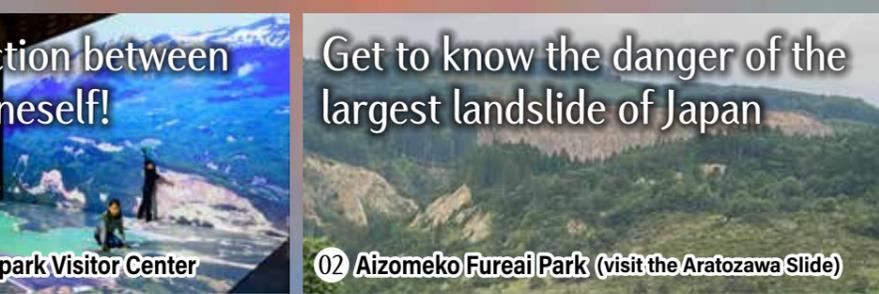
*\*For those who wish to try out the sake at the brewery, please return the rental car in advance and travel on foot or taxi.*

*\*The used time stated above is just an estimation.*

*\*Please be aware that the operation hours at Geibikei varies depending on the season.*

You can also view the details of this course online.

The number one silver mine museum in the orient



- 01 Innai-ginzan Ijinkan**  
MAP CODE: 212 155 572\*60  
Once known as the biggest silver mine in the orient, different documents and mining equipments, the model of the mining town are exhibited. It is located in JR Innai Station.  
Kozawa-115 Kamiinnai, Yuzawa-shi, Akita
- 02 Kawarage Jigoku**  
MAP CODE: 813 567 537\*11  
A sacred mountain whose history started in 807. A temple named Reitsuzan Zentōji temple was built there as a palace of worship, and it is said that including hells such as Blood Pond Hell (Chinoikejigoku), Spike Hell (Hariyamajigoku), 136 hells and heavens could be found in this very mountain. Do try it out on-site!  
Kawarage, Takamatsu, Yuzawa-shi, Akita  
It is recommended that you head to the Kawarage Jigoku Parking Lot via Doroyu Onsen.  
Meals: 11:00-17:00
- 03 Sato Yosuke Shoten Flagship Store**  
MAP CODE: 212 385 429\*22  
Found in 1860, Sato Yosuke Shoten continues to use their original technique of udon making that has been passed down for over 150 years. You can taste the moderate texture and flavor on your tastebuds.  
Inaniwa 80, Inaniwa-cho, Yuzawa-shi, Akita
- 04 Ogachi-gun Capitol Memorial Museum**  
MAP CODE: 212 584 378\*88  
Ogachi-gun Capitol Memorial Museum is designated as a tangible cultural property of Akita. After being completed in 1892 the historic building was used as the Ogachi-gun government office, and after that in various forms. It is worth for its design of a western government building from the Meiji period.  
Kitaara-machi 2-20, Yuzawa-shi, Akita  
8:30-17:00  
Visits to the museum itself and regular exhibitions are free. (might be charged depending on the event and special exhibitions)
- 05 Yamamo Miso and Soy Sauce Brewing Company**  
MAP CODE: 212 736 350\*00  
Yamamo Miso and Soy Sauce Brewing Company was founded in 1867. Their FACTORYTOUR is famous amongst foreign tourists, as it offers visits to their traditional miso and soy sauce factory, the water god's stroll garden and art, and many more.  
Fudosawa, Tagonai, Higashinaruse-mura, Ogachi-gun, Akita  
10:00-16:00  
*Need to be reserve in advance.*
- 06 Fudo Falls Hotarunosato Park**  
MAP CODE: 656 662 347\*44  
On the way heading towards Mt. Kurikoma from the city area of Yuzawa, it is a place to stop by easily for a break, and also a beautiful park to enjoy the beauty of nature. In the depths of the park, there is a waterfall where "Sennin training" - meditation by sitting under a waterfall can be carried out.  
(within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita

- 07 Kurikoma-sanso**  
MAP CODE: 573 827 225\*44  
The open-air bath at night is highly recommended - a huge panoramic view of Sukawa-kogen from an open-air bath while enjoying a sky full of stars!  
(within Kurikoma Quasi-national Park) Tsubakigawa, Higashinaruse-mura, Ogachi-gun, Akita
- 08 Sendai Han Hanayama Village Trace of Nuruyu Bansho**  
MAP CODE: 573 408 083\*55  
"Bansho" means "checkpoint" in the olden days, which is also a government office for important roads, borders, and to check travellers going in and out, and also goods. About 165 years ago it is rebuilt as a government housing for officials with a temple styled gate.  
Honsawanuruyu 12-1, Kurihara-shi, Miyagi  
Closed from April 1st to end of November 9:00-16:30
- 09 Azabu Gorge**  
MAP CODE: 573 290 289\*17  
This gorge is located at about 1.6 km away if you go up stream of Ichihasama River, and formed from the eroded rocks and waterfalls of all sizes. It is also a secret spot for photos during spring time and autumn.  
Honsawaazabu, Hanayama, Kurihara-shi, Miyagi
- 10 Roadside Station - Rotari Hanayama**  
MAP CODE: 573 146 892\*33  
This roadside station has its trademark of an old traditional Japanese house. Besides the locally grown produce on sale, you can also try out their natural potatoes, Iwana and other local products.  
Honsawakitanomae 112-1, Hanayama, Kurihara-shi, Miyagi  
Opening hours 9:30-18:00  
[opening hours are shortened in the winter season]
- 11 Hosokura Mine Park**  
MAP CODE: 319 183 734\*71  
Hosokuramain Park is a theme park that was actually the remains of the Hosokura Mines. You can experience the 1200 year old tunnels and learn the history of the mines, and also have fun on a 555 metre long slider park surrounded by nature outdoors!  
Nangoyanagisawa 2-3, Uguisuzawa, Kurihara-shi, Miyagi  
Opening hours [March 1st-November 30th] 9:30-17:00  
[December 1st-end of February] 9:30-16:00  
Closed on Tuesdays

- 01 Kurikomasanroku Geopark Visitor Center**  
MAP CODE: 319 400 301\*11  
Besides sharing information as Kurikomasanroku Geopark (certified by the Japanese Geoparks Network), it is also an establishment for experiencing and learning. You can view the video of the landslide that occurred at Kurikomasanroku area, and many more here.  
Higashikibune 5 (Old Kurikoma Elementary), Kurikomamatsukura, Kurihara-shi, Miyagi  
9:00-17:00 (Mar-Nov) 9:00-16:00 (Dec-Feb) Closed on Tuesdays  
To enjoy a safe and pleasant visit, you can also request for a "Geoguide".  
**Has to be reserved 7 days before your visit.**
- 02 Aizomeko Fureai Park (visit the Aratozawa Slide)**  
MAP CODE: 573 508 334\*44  
You can view the largest landslide in Japan caused by the 2008 Iwate-Miyagi Nairiku Earthquake here, and feel the wonder of nature.  
Kurikomamonji, Kurihara-shi, Miyagi
- 03 Kurikoma-koei Iwana Don**  
Donburi (rice-bowl dish) served with delicious Inawa bred in spring water in the Mt. Kurikoma area. You can try different Inawa Dons at 4 spots in the Koei area.  
[Yamanami House] 9:00-16:00 closed on Tuesdays  
MAP CODE: 573 655 701\*36  
[Kazumata Yogyojo - Inawa No Yakata] 11:00-15:00 closed irregularly  
MAP CODE: 573 593 321\*44  
[Heilsam Kurikoma] Restaurant 11:30-14:00  
MAP CODE: 573 655 725\*25  
[Shinyu Onsen Kurikomaso] closed irregularly  
MAP CODE: 573 656 660\*41
- 04 Sekaiyachi Primeval Flower Garden**  
MAP CODE: 573 591 475\*58  
"Sekaiyachi" means "wide wetlands". This is a treasure chest of alpine plants, where you can view various of them in the months May-September. The day lilies are the most popular here.  
Koeiminami 163, Kurikomanumakura, Kurihara-shi, Miyagi
- 05 Shinyu Onsen Kurikomaso**
- 06 Honederamura Shōen**  
MAP CODE: 319 790 287\*36  
By maintaining the traditional sceneries of a farming village of waterways, paddy fields, shrines and temples surrounded by green mountains, Honederamura Shoen has been chosen as an important cultural landscape.  
(within temple grounds) Genbicho, Ichinoseki-shi, Iwate
- 07 Genbi Ravine**  
MAP CODE: 142 066 875\*60  
A well-known spot where you can observe a dynamic view of strange shaped rocks, abysses, potholes formed from the erosion of the Iwai River, and also the clear waters that flow from Mt. Kurikoma. The famous flying dango, "Kakko Dango" here is also highly recommended.  
(within the area) Takinoue, Genbi-cho, Ichinoseki-shi, Iwate
- 08 Geibi Gorge**  
MAP CODE: 308 241 332\*52  
One of the famous tourist spots in Iwate. Hop on the boat to sail across the clear stream and view the rocky cliffs and the seasonal trees. You can also enjoy the boatman's guides and singing!  
Machi 467, Nagasaka, Higashiyama-cho, Ichinoseki-shi, Iwate
- 09 Sekinoichi Brewery**  
MAP CODE: 142 046 369\*00  
The production of the sake "Sekinoichi" and local beer "Iwate Kura Beer", a "Sake No Minzokubunka (folk culture on sake) Museum", restaurants, cafes and direct sales store be found in the spacious grounds of the establishment. Besides the earthen storehouse and beer factory visits, you can also try out Ichinoseki's mochi-honzen (a type of set meal for ceremonies, auspicious events) experience, and many more.  
Tamura-cho 5-42, Ichinoseki-shi, Iwate  
*※ For those who wish to try out the sake at the brewery, please return the rental car in advance and travel on foot or taxi.*

# About Japan's Traffic Rules

Reliable and useful tools

## [Sticker to indicate that a foreigner is driving the car]

If you receive the sticker shown right at the car rental agency, please display it clearly on the car. The sticker, which states that a foreigner is driving the car, encourages surrounding Japanese drivers to be careful. Picture shown is one of the examples of stickers in the Tohoku Region



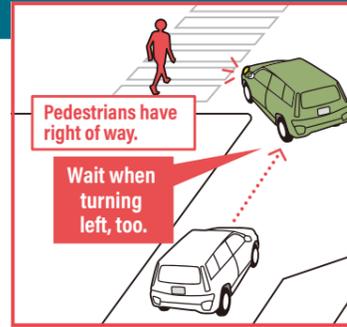
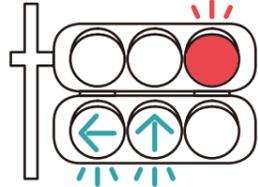
## Warnings when driving a rental car

Reference: "Must-have Handbook for Driving in Hokkaido"

### 1 Always stop at a red light

In Japan, when approaching a traffic signal that is red, all cars traveling straight ahead, turning left, and turning right must stop and wait until the signal turns green.

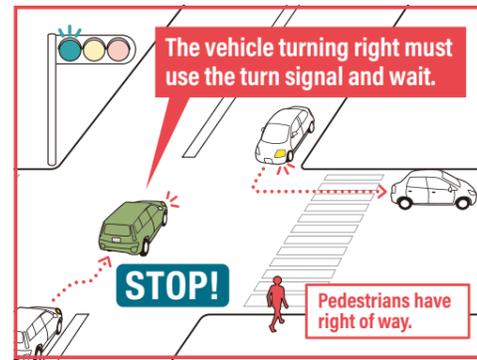
\*However, if there is an arrow traffic light below or beside the traffic signal, you may proceed in the direction indicated by the arrow when green.



### 2 Wait when turning right

In Japan, if there is an oncoming vehicle when turning right at a green traffic light, the oncoming vehicle has right of way. Turn right after the oncoming vehicle has passed through the intersection or turned left.

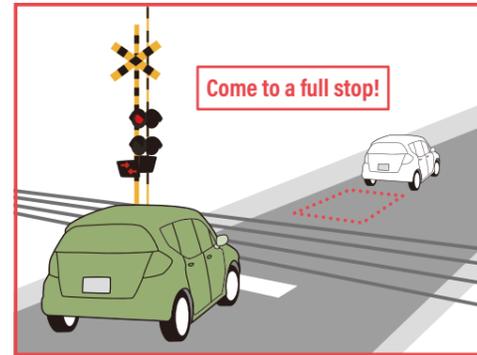
\*Take care, as there is no rule about giving way to the vehicle turning right.



### 3 Always stop at railroad crossings

In Japan, you must stop before crossing railroad tracks. Come to a full stop and check that no trains are approaching from the right or left. Also, make sure the vehicle ahead of you has crossed over the tracks before entering the crossing.

Be careful about the clog on the further side of the railroad crossing and take care not to stop within the crossing for a long period.



## Easy to misunderstand Japanese signs

The signs below are said to be easily misunderstood by foreigners. Be especially careful of these signs



# About the Expressways, filling up and parking Japan

## Points to look out for when passing by an expressway (toll roads)



Expressways (toll roads) include a gate marked "ETC 専用" (ETC only).

This indicates that the gate is part of the "Electronic Toll Collection System". Vehicles not equipped with dedicated ETC equipment and an ETC card cannot use this gate.

If your vehicle is not equipped with the ETC equipment and card, use the gate marked "一般" (General) when using an expressway. Depending on the location, payment will be made either at the entrance or exit.

## The gas tank should be full when the car is returned (About types of gasoline)

There are three types of fuel: regular, high octane, and diesel (light/gas oil).

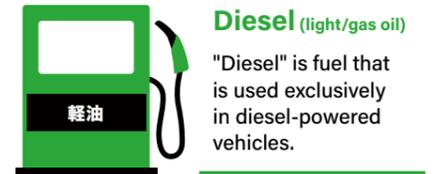
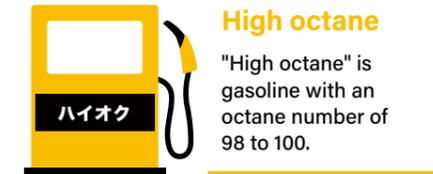
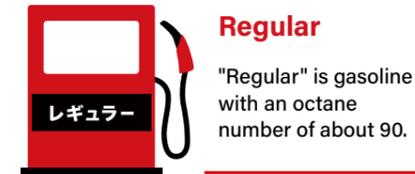
When renting a vehicle, confirm the type of fuel that is used for that vehicle.

If you fill it with the wrong fuel, you may damage the vehicle.

Repairs will then have to be made by the rental company.

The cost of such repairs will be borne by you, the customer.

\*If you are unsure of which type of gasoline to use, check with the rental company or gasoline stand before filling the tank.



## Do not park illegally.

It is illegal to park on roads and leave the car unattended, even for only a few minutes, for example to have a quick meal or unload baggage.

Since illegal parking may cause accidents or traffic jams, always be sure to park in designated parking areas even if leaving the car only briefly.



## Easy to misunderstand parking areas, parking manners, etc.

### Cars may not be parked in parking areas marked 【月極】 (Monthly parking)

【月極】 (Monthly parking) signs may be seen in places such as large parking areas or coin parking spaces.

This means that parking spaces are leased by the month and drivers other than the lessee may not park there. Drivers must be especially careful since parking in such spaces in error may result in problems such as being billed for a costly fine.



### Always park in the right vehicle-type specific space.

Parking areas in places such as service areas on expressways and shopping malls and facilities are divided into spaces for vehicles such as compact vehicles, large vehicles, vehicles for the disabled and 2-wheeled vehicles. Since ignoring these divisions when parking may cause others great inconvenience, drivers should always check the parking space types before parking.



Example 1 carparks for the disabled

### If an earthquake occurs while driving?

Earthquakes occur suddenly.  
If you feel strong shaking, or hear an announcement of an earthquake alert, take action in no hurry following the below.

#### 1 Stop the vehicle on the left side of the road



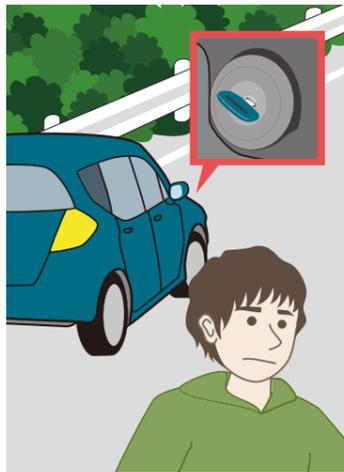
Even if an large earthquake occurs while driving, don't reduce the speed suddenly because surrounding drivers may not know about the earthquake. While checking the surrounding conditions, get other drivers' attention by turning on the hazard lights. Avoid sudden braking in a hurry and reduce the speed gradually. Pull your car to a stop at the left side of the road in as safe a manner as possible.

#### 2 Wait in the vehicle until the shaking stops



Even after stopping the vehicle, it may be dangerous to get out of it in a hurry. Don't go out of the vehicle until the shaking stops and wait in the car. Collect information on the earthquake and traffic via the Internet etc.

#### 3 Evacuate leaving the vehicle



If evacuating and leaving the vehicle, it is ideal to stop at a place out of the road. If you have to leave the vehicle on a road, stop it on the left side, stop the engine and apply the parking brake with the key. If the key is a wireless keyless entry key, leave the key on a conspicuous place inside the vehicle such as around the speedometer, and remove the auxiliary lock in the key to control yourself. Evacuate with the windows close and the doors unlocked. The reason why leaving the key or the keyless entry key is to move the vehicle quickly when it obstructs the traffic of emergency vehicles and rescue vehicles. You cannot use the car for evacuation, and park the car in an area to obstruct pedestrians and prevent disaster emergency measures.

Reference: Japan Automobile Federation (JAF) Official Website (Questions related to driving)

### What should I do if a tsunami occurs while driving?

If you feel strong shaking or long-term shaking, or even if you don't feel shaking, when you hear a Tsunami warning, move away from the coast as soon as possible and evacuate to as high a place as possible.

#### Notice when evacuating

Evacuate to a higher place, not a further place.

Tsunami advisory signs are installed in areas where there is a risk of a tsunami. Tsunami warning signs include a "Tsunami Advisory" sign to show a risk of a tsunami, and "Tsunami Evacuation Site" and "Tsunami Evacuation Building" signs. Check these signs when you are near the sea just in case. In addition, check the route for the nearest tsunami evacuation site and building, and high ground.



### If flood damage occurs while driving?

If you hear weather information on the danger of a typhoon or heavy rain, refrain from coming close to the dangerous places. If you feel danger or if an evacuation advisory is issued from the municipal government, evacuate immediately not in a hurry.

#### Vehicle travel

**Inundation height and evacuation:** The inundation height means the depth between the water surface and the ground when a place is inundated due to a flood or tsunami. The higher inundation height may be an obstacle of walking and vehicle travel, and it becomes difficult to evacuate.

Inundation height	Vehicle travel
0-10 centimeters:	No problem for travel
10-30 centimeters:	As the braking performance reduces, it is necessary to move vehicles to a safe area.
30-50 centimeters:	Engine stops. It is necessary to get out of the vehicle.
Over 50 centimeters:	Since the vehicle floats and power windows don't work, people will get stuck in the vehicle. It is very dangerous as the vehicle is carried away.

Reference: Chiba Prefecture's guideline for tsunami evacuation plan

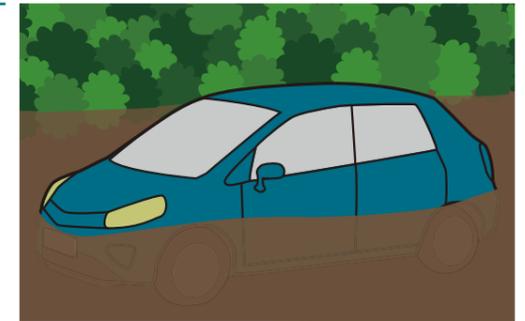
If water is collected in basin-shaped areas such as an underpass of grade separation and the road underneath elevated railway tracks, turn back without entering these areas. It is not possible to measure the depth just by looking. The water depth may be deeper than you expect. As long as you sit on the driver's seat, the water doesn't pour into the vehicle immediately even if the water depth is deeper than the car floor. Therefore, if encountering danger, the vehicle floats so that it doesn't move forward nor backward. Then, since the water flows into the engine's air intake duct or the exhaust pipe is blocked due to the water pressure, the engine stops so that the vehicle may stall in the road.

#### When the vehicle is submerged in water

Take action calmly even if you cannot open the door or door glass due to the water pressure, and you have no hammer. Although the water flows into the vehicle gradually, it is the best chance to go out of the vehicle when the difference of the water level between inside and outside become smaller. As the difference of water pressure becomes smaller, the water pressure against the door also becomes smaller, it is easy to open the door. Once you get stuck in a car, you will want to get out as soon as possible, but the vehicle won't sink easily. If you find a chance to open the door, push the door open with your foot with all your strength. Try to get out of the vehicle without missing the chance while waiting for the timing calmly.

#### Risk of salt water flooded car fire

After the storm surge occurred due to Typhoon 16 in August, 2004 in Takamatsu City, Kagawa Prefecture, salt water flooded cars ignited spontaneously. Electrical short-circuit by salt included in sea water resulted in spontaneous ignition. Even after the seawater recedes, it is necessary to be careful of rapid corrosion of wires due to salt. Even if the key switch is off, the current inside the battery flows as long as the battery is connected. Deal with a flooded car as follows even after the water recedes.



1. Don't start the engine.
2. Disconnect the negative terminal of the car battery.
3. Cover the disconnected terminal using packaging tape so that it doesn't contact the battery.
4. Refrain from touching hybrid and electric vehicles.

## If an accident occurs

All accidents must be reported to the police, whether they are serious physical injury accidents or just minor accidents (such as a scraped headlight, or stripped paint from a bumper scrape).

If you are involved in an accident, immediately stop your vehicle. If someone is injured, take action as described in steps 1 to 3. For all other property damage accidents, take action as described in steps 2 and 3.

### 1 Aid the injured. (Call 119.)

First, give aid to anyone who is injured. After that, quickly move the rental car to a location where it will not obstruct traffic.



### 2 Contact the police from the scene. (Call 110.)

Both the person at fault and victim are obligated to report to the police. An accident certificate will be required at a later date, so take the steps necessary for that as well. If you fail to report an accident to the police, a Collision Damage Waiver (CDW) cannot be applied. Be sure that an NOC is issued.



### 3 Contact the car rental agency (company) from the scene.

Referring to the car rental agreement, contact the agency's customer service representative. Please note that for accurate information exchange, this may take a little time.



## Customer responsibility in case of an accident

Deductible



NOC\*

- \* In the event of an accident, you must pay the deductible.
- \* If you enroll in the Collision Damage Waiver (CDW) when using your rental car, you can be compensated for the amount of deductibles for objects and vehicles.
- \* However, if you violate the rental agreement, or if reasons for exemption of the insurance agreement or the compensation system apply, the insurance / compensation system cannot be used. Be aware that, in that case, you must bear any damages due to an accident.
- \* A Non Operation Charge (NOC) is assessed as compensation for business interruption in the case of accident, theft, malfunctions and other problems that are not the responsibility of the rental car company.

- \* You will still be responsible even if you have Collision Damage Waiver (CDW).
- \* Charges may vary, depending on whether the vehicle is (or can be) returned to the originally designated location.

You can download useful tools that give an explanation about road signs and traffic rules from this website. Please do try it out.

<http://www.tohoku-road-trip.jp/en/index.php>



## Please be aware when driving at Mt. Kurikoma area

Between the mountains at the Mt. Kurikoma area, there are slopes and curves that are hard to outlook for, as well as paths so narrow that 2 cars cannot pass at the same time, and so on. Also, in the town area there are cross junctions without any traffic lights, roads without sidewalks, and many more. To enjoy a drive without any troubles, please be extra careful when driving.



### The use of engine brakes when going down slopes in mountain areas

In the mountain areas of the Mt. Kurikoma area, there are long slopes and slopes where you need to make a curve, and also roads where you would easily speed. When you go down a long slope it is most ideal to use the **engine brakes** at the same time. For AT vehicles please use the 2, or 3 range brakes, and adjust your speed without relying on only the foot brakes. The reason is because at the long slopes, if you keep stepping on the foot brakes, the brake disc and **brake pads** will exceed their limit and heat up, causing the damage of the brakes.



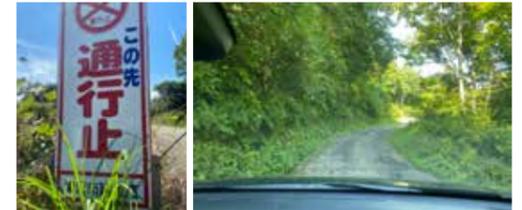
### Be aware of speeding in narrow mountain roads

Please be aware of speeding when driving in mountain areas that have narrow paths. By speeding, it will cause dangerous situations such as the difficulty of backing off from an oncoming vehicle and crashing, or even falling into the ditch of the roadside, causing the tyres to come off, and many more. If the tyres of your vehicle were to come off in an area that has no cellular connection, it will be difficult to call for help. Also, please do not get close to the vehicle driving in front of yours as it is extremely dangerous.



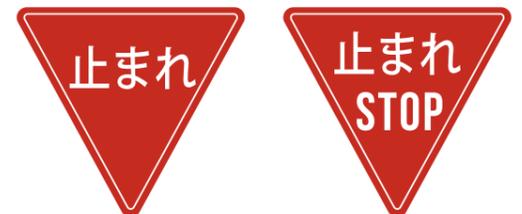
### Do not enter any mountain paths that look suspicious

【通行止め】 as seen in the photo on the right means 【DO NOT CROSS】. If you see a road sign like this, you must not cross the path ahead. Also, when driving in the mountains, if you see that roads without any pavements and look dangerous, please turn back and reconfirm the route taken again, before advancing.



### 【止まれ】 = 【STOP】 !

In Japanese, 【止まれ (Tomare)】 means 【STOP】. Sometimes 【止まれ】 and 【STOP】 are written in the same road sign, however in the Mt. Kurikoma area the number of road signs written in Japanese still top the ones written in English. If you see one like these, please stop your vehicle once, pay attention to your surroundings before slowing down the speed of your vehicle until the junction. If an accident is caused due to not stopping, "the side who didn't stop" will have to take a huge responsibility, so please be aware of it.



### Compromise to each other for a safer drive

When you enter the town area from the mountain areas, there are many roads without sidewalks, roads just nearby private residences, cross junctions without traffic lights that need attention. At roads like these, refrain from speeding and be aware when driving. When a passerby comes nearby, slow down the speed of the vehicle and compromise to the passerby. Please do not hurry and plan schedules in advance.



**Rent a dedicated ETC card with a rental car and save money on highway fees!**  
 Unlimited driving for a fixed charge on toll expressways in Tohoku area

# Tohoku Expressway Pass



- Peace of mind with a fixed charge!
- You can feel at ease even if you don't understand Japanese!
- It gives you more time!

\*The cost to rent a car and use of the ETC card are not included.  
 This pass is limited to foreign visitors to Japan (or those holding a passport from a foreign country). However, those who have Japanese nationality and have acquired permanent residency abroad may also use this pass.

<http://www.driveplaza.com/trip/drawari/tep2015/en.html>



# JR EAST PASS Tohoku area

**Very affordable free pass "JR EAST PASS (Tohoku area)" for customers traveling to Japan, with 5 days unlimited travel in JR East's Tokyo and Tohoku areas!**

Please take advantage of this great offer of unlimited travel for designated seats in ordinary cars on trains, such as bullet trains, within the free area. The validity period is 14 days from the issue date and you can freely select the 5 days.



Purchases outside Japan	
Adult (12 years and over)	19,350yen
Child (6 to 11 years old)	9,670yen

Purchases within Japan	
Adult (12 years and over)	20,360yen
Child (6 to 11 years old)	10,180yen

**Qualifications for purchase** Applicable only to foreign nationals who have passports from countries other than Japan (short-term residents whose stay in Japan is 90 days or less). Passport confirmation at the time of purchase and receipt.

[https://www.jreast.co.jp/e/eastpass\\_t/](https://www.jreast.co.jp/e/eastpass_t/)

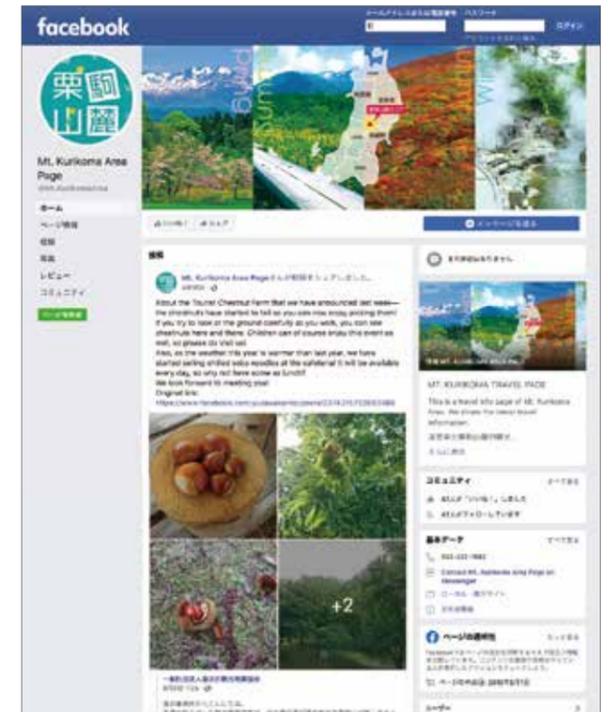
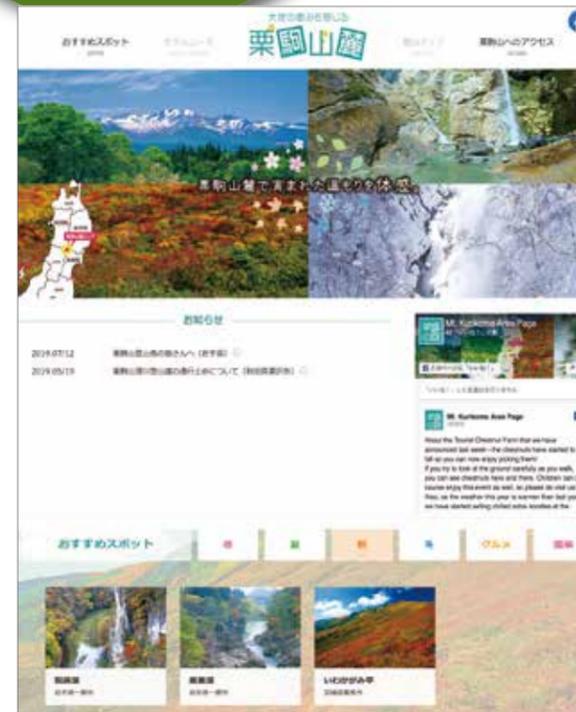


## Mt. Kurikoma Latest Information



*For the latest information on hiking at the Mt. Kurikoma area and sightseeing check out their website and Facebook page!*

The latest information will be updated at the website and Facebook page anytime. Please access from the 2D barcode below to check out for seasonal information as well!



For the latest information on the Mt. Kurikoma area check out the website here!



The latest information on the Mt. Kurikoma area is also updated on Facebook!



## Supporting Tohoku's journey

We provide guidance tours for your journey in Tohoku according to various themes. We carefully select and show you sightseeing spots in various places that offer sights in nature or have cultural or gourmet appeal. You can also create your own original plans by choosing the sights that you want to visit.

<https://www.tohokukanko.jp/en/index.html>





# Useful tool for foreign travelers in Japan to collect information

## Japan Visitor Hotline (JNTO Call Center)

JNTO accepts telephone inquiries in English, Chinese, Korean and Japanese 24 hours a day.

tel: **050-3816-2787**

## JNTO Official Smartphone App

[Available in 4 languages. English, Traditional Chinese, Simplified Chinese, and Korean]

“Japan Official Travel App”, which is the tourism information app for smartphones, notifies disaster.

information such as emergency earthquake report and special weather warning through.

<http://www.jnto.go.jp/smartapp/>



## NHK WORLD-JAPAN [Available in English]

24-hour English channel that offers the latest news in Japan and Asia. It is useful as an information source in English in case of a big disaster such as earthquake or typhoon.

<https://www3.nhk.or.jp/nhkworld/>



## NHK WORLD-JAPAN Information on disasters and COVID-19 in foreign languages

[Available in 20 languages.

English, Traditional Chinese, Simplified Chinese, Thai, etc.]

Information on disasters and COVID-19 in 20 languages including English, Chinese, and Thai.

<https://www.nhk.or.jp/nhkworld-blog/en/>



## Disaster information provider app “Safety tips”

[Available in 5 languages. Japanese, English, Traditional Chinese, Simplified Chinese, and Korean]

“Safety tips” app provides international visitors with information related to disasters. The app can be downloaded from URLs below.

Android : <https://play.google.com/store/apps/details?id=jp.co.rcsc.safetyTips.android>

iPhone : <https://itunes.apple.com/jp/app/safety-tips/id858357174?mt=8>



for Android



for iPhone

## List of medical institutions which accept international visitors

[Available in 5 languages. Japanese, English, Traditional Chinese, Simplified Chinese, and Korean]

Medical institutions which provide treatment in foreign languages can be searched by department and language.

[https://www.jnto.go.jp/emergency/eng/mi\\_guide.html](https://www.jnto.go.jp/emergency/eng/mi_guide.html)



## Contact Us

### Ichinosekishi Kanko Kyokai

1 Ekimae, Ichinoseki, Iwate

TEL 0191-23-2350

FAX 0191-23-0066

### Kuriharashi Kanko Bussan Kyokai

284-3 Shiwahime Shinkumaya, Kurihara, Miyagi  
(Inside JR Kurikoma Kogen Station)

TEL 0228-25-4166

FAX 0228-25-4182

### Yuzawashi Kanko Bussan Kyokai

2-1-15, Omotemachi, Yuzawa, Akita

TEL 0183-73-0415

FAX 0183-78-2323

### Higashi Narusemura Kanko Bussan Kyokai

30-1 Senninshita, Tagonai, Higashinaruse-mura,  
Ogachi-gun, Akita

TEL 0182-38-8411

FAX 0182-38-8412

## Publication & Association < Yukkuri Hitomeguri Mt. Kurikoma Liaison Conference >

### Ichinoseki Kanko Bussanka

TEL 0191-21-8413

### Kuriharashi Den-en Kankoka

TEL 0228-22-1151

### Yuzawa Kanko & Geopark Promotion Department

TEL 0183-73-2111

### Higashinaruse-mura Planning Department

TEL 0182-47-3402